



# Dr. S K Pathak

MD, Chest

## Introduction

Dr. S K Pathak is a renowned Chest Physician of Varanasi & is having approx. 18 years of Professional medical health carrier for society.

## Professional Achievements

- Dr. S K Pathak did his MBBS from GSVM Medical College in 1996, & DCH in (Pediatrics) from same GSVM in 1999. He did M.D (Chest Medicine) from KGMC Lucknow in 2001. He had 18 year experience in respiratory medicine, intervention Pulmonologist, Bronchoscopy, Allergy, Sleep & Critical Care Medicine.
- He did his work experience with ITRC Lucknow & research fellowship in King George Medical University along with Prof. Rajendra Prasad
- He started his professional carrier since 2003 with one of leading corporate hospital of Varanasi i.e., Heritage Hospital for medical health service to serve society
- Since 2011, he started his own set up as **Breathe Easy TB, Chest, Allergy Care Centre, Assi, Varanasi** for more better services to society.
- In April 2016, he founded **Breathe Easy Chest foundation for humanity** society for better services to poor masses of society through free camps & medical updation of family physicians **in villages & town areas of eastern U.P.**
- He delivers numerous guest lecturs in National & international Conferences & given write up in different certified publication for public & doctor awareness about health issues.
- Previously he was associated with Heritage Hospital, Varanasi as senior Pulmonologist
- Presently Dr Pathak runs his own set up and he is the Medical Director & Consultant with Breathe Easy TB, Chest, Aleergy Care Hospital, Assi, Varanasi. He is also associated with Oriana Hospital, Varanasi.
- He is also associated with Narayan Medical College (Bihar) as Associate Professor with dept. of TB & Chest.

## Specialization

- ✓ Tuberculosis
- ✓ Asthma, Allergy
- ✓ COPD
- ✓ Sleep & Breathing Disorders

- ✓ ILD
- ✓ Lung Cancer

### Public awareness Activity

**Since the inception** of Breathe Easy, Dr. S K Pathak worked so many things on Public awareness, family physicians up gradation on academic aspects and for the same; he has been called by Prime Minister Shri NarendraModi also.

- ✓ Free Camps in City, interiors & micro interiors on regular basis.
- ✓ Free Clinics with special discounts/ free to poor patients.
- ✓ Free regular training program for family physicians & paramedical staff for better services to society.
- ✓ He regularly uses to conduct Press conference on different-different activities to create awareness in masses on special awareness days like World Asthma Day, World TB Day, World COPD Day, World Aids Day, World Diabetic Day, World Heart Day etc.
- ✓ He delivers radio talks on TB, Aids, Diabetes, and Asthma etc.
- ✓ He also uses to conduct Public awareness rally on eve of World Asthma Day, World COPD Day, World Allergy Day, World Aids Day, World Diabetic Day, World Heart Day etc.
- ✓ He also organizes many NukkadNatak to create awareness in masses.
- ✓ He also did Candle marches to aware masses against aids / diabetic diseases.
- ✓ He regularly use to do free health awareness camp for old age people, recently Dr. Pathak & his team did free health camp at VriddhaAashram based at durgakund, Varanasi.
- ✓ Dr. Pathak activity is not only bounded to U.P state, but also to many state. He regular use to conduct CME's at Bihar. Recently a awareness program was conducted at Canaught Place, New Delhi with the name SMOKEFREDELHI.

### Award and Honor

- **Awarded by Pramila Mishra RatnAlankran**  
In 2014, Dr. S K Pathak is being awarded by "Pramila Mishra RatnAlankran" as incredible work and efforts done in the field of Medical Science.
- He has also received **National scholarship Award** awarded by Awadh University in 1992.

### Fellowships

- Fellow of MNCCCP
- Fellow of MIAP
- Fellow of MLCP

### Underlying Cause of respiratory diseases

Dr. Pathak opines that pollution and smoking are the main underlying causes of respiratory diseases, together with lifestyle habits. He strongly discourages smoking, consumption of tobacco products and urges people in the society to follow a healthy and balanced diet. By adopting a healthy food with abolishing junk food from the diet, he visualizes a healthy India in near future.

### Establishment of Chest foundation

Taking all these views and issues in consideration, Dr. S K Pathak founded Breathe Easy Chest foundation for humanity to give more & more benefits to patients in regular interval through free camps. Free Camps, Clinic, Rally, Candle march, medical seminar, lectures & on different public health issues etc.

### Meeting with Prime Minister

For the incredible work in the field of Public awareness & health related issue, Prime Minister of India Shri Narendra Modi met with Dr. S K Pathak during his Varanasi tour in Sept 2015, where he appreciated the efforts & work of Dr. Pathak in the field of Public awareness & health related issues. Following are the pointers which Dr. Pathak did discussion like Ganges Drive (making Ganges Drive at ghats of Varanasi), Pollution free zone by avoiding/ banned sell of Cigarette, tobacco etc.

